

As of October 22, 2020

OSHA's primary resource is the [COVID-19 Safety and Health Topics Page](#). This page is updated routinely and we encourage you to review it frequently.

- [News and Updates](#)
- [Frequently Asked Questions](#)
- [Hazard Recognition](#)
- [Standards](#)
- [Medical Information](#)
- [Control and Prevention](#)
- [Background](#)
- [Additional Resources](#)
- [Workers' Rights](#)

Publications includes:

[Ten Steps All Workplaces Can Take to Reduce Risk of Exposure to Coronavirus Poster](#) (Available in 13 Languages)

[Guidance on Preparing Workplaces for COVID-19](#) (OSHA 3990)

[Worker Exposure Risk to COVID-19](#) (OSHA 3993)

[Seven Steps to Correctly Wear a Respirator at Work](#) (OSHA 4015 - Available in 16 Languages)

\*\* [Guidance on Returning to Work](#) (OSHA 4045)

[COVID-19 Hazard Recognition](#)

[COVID-19 Control and Prevention](#)

[Videos Providing Quick Safety Tips](#)

[OSHA COVID-19 Data and Media Resources](#)



[Frequently Asked Questions and Answers](#) (includes FAQs on cleaning and disinfection, cloth face coverings, personal protective equipment, return to work, and other topics)

Questions are grouped by topic, and cover:

- [General Information](#)
- [Cleaning and Disinfection](#)
- [Construction](#)
- [Cloth Face Coverings](#)
- [Employer Requirements](#)
- [Healthcare](#)
- [Personal Protective Equipment](#)
- [Respirators and Particle Size](#)
- [Reporting](#)
- [Restrooms and Handwashing Facilities](#)
- [Retaliation](#)
- [Return to Work](#)
- [Testing for COVID-19](#)
- [Training](#)
- [Worker Protection Concerns](#)

[Infection Control beyond Universal Precautions](#) (Worker protections against occupational exposure to infectious diseases)

- **Universal precautions (UP)**,
- **Standard precautions (SP)**
- **Transmission-based precautions (TBP)** for contact-, droplet-, and airborne-transmissible diseases augment SP

Whistleblower Protections and Worker Rights - <https://www.whistleblowers.gov/>

[Center for Disease Control – National Institute of Occupational Safety and Health \(CDC NIOSH\) - Get the Facts About Coronavirus](#) Communication Resources - <https://www.cdc.gov/coronavirus/2019-ncov/communication/index.html>  
[Cleaning and Disinfecting Your Facility](#)

<https://www.cdc.gov/handwashing/posters.html>

Hand Hygiene [http://www.cdc.gov/HandHygiene/download/Hand\\_Hygiene\\_poster.pdf](http://www.cdc.gov/HandHygiene/download/Hand_Hygiene_poster.pdf)



White House's [Guidelines for Opening up America Again](#). The guidelines provide general principles for updating restrictions originally put in place to slow the spread of the coronavirus

[Environmental Protection Agency – Coronavirus \(CoVid-19\) Information Page](https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants)<https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants> On January 29, 2020, EPA activated its [Emerging Viral Pathogens Guidance for Antimicrobial Pesticides](https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants) in response to the coronavirus outbreak (COVID-19). [List N: List of Disinfectants for use Against Coronavirus \(COVID-19\) Disinfectant Use and Coronavirus \(COVID-19\)](https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants)  
<https://www.epa.gov/sites/production/files/2020-04/documents/disinfectants-onepager.pdf>

OSHA's Hazard Communication Safety & Health Topics Page:

- <https://www.osha.gov/dsg/hazcom/>
  - OSHA QuickCards/Fact Sheets/[Brief](#)
  - Safety Data Sheets, Labels, Pictograms
  - [Comparison of NFPA 704 & HCS 2012 labels](#)
  - [Small Entity Compliance Guide](#)
    - <http://www.osha.gov/Publications/OSHA3695.pdf>
- Appendix A - Sample Program format (starts on page 30)



Pennsylvania Resources - <https://www.pa.gov/guides/responding-to-covid-19>  
<https://www.health.pa.gov/topics/disease/coronavirus/Pages/Stop-the-Spread.aspx>

**Wear A Mask in Public** - In Pennsylvania, [masks must be worn whenever anyone leaves home](#). Masks are mandatory in all public spaces. Members of the public should wear [homemade cloth or fabric masks](#) and save surgical masks and N95 respirators for health care workers and first responders.

Remember this saying: "**My mask protects you, your mask protects me.**" Wear a mask whenever you leave your home.

## Other Publications on CoronaVirus

Face Cover Removal - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/cloth-face-covering.pdf>

Hand Washing Poster reminders

<http://www.health.state.mn.us/handhygiene/wash/fsgermbuster.html>

Covering your cough <http://www.cdc.gov/flu/protect/covercough.htm>

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/stop-the-spread-of-germs.pdf>

<http://www.cdc.gov/flu/protect/stopgerms.htm>



OSHA Newsletter subscription <http://www.osha.gov/as/opa/quicktakes/subscribe.html>

This resource sheet has been developed by an OSHA Compliance Assistance Specialist and is intended to assist employers, workers, and others as they strive to improve workplace health and safety. While we attempt to thoroughly address specific topics, it is not possible to include discussion of everything necessary to ensure a healthy and safe working environment in an information sheet. Thus, this document does not have the force and effect of law and is not meant to bind the public in any way. This document is intended only to provide clarity to the public regarding existing requirements under the law or agency policies. It does not create (or diminish) legal obligations under the Occupational Safety and Health Act. Finally, OSHA may modify rules and related interpretations in light of new technology, information, or circumstances; to keep apprised of such developments, or to review information on a wide range of occupational safety and health topics, please visit OSHA's website at [www.osha.gov](http://www.osha.gov). October, 2020



# CoVid 19 OSHA Resource Sheet

As of October 22, 2020

American Industrial Hygiene Association (AIHA)

AIHA's COVID-19 Re-Open America Guidelines. These resources are free and available to all. Please share them.

Together, we can go back to work safely! <https://www.backtoworksafely.org/>

The <https://www.backtoworksafely.org/> has (26) Free Re-Opening Guidances documents. The links below offer specific, easy-to-follow, science-based recommendations for limiting the transmission of the coronavirus while operating a wide variety of businesses, including:

[Amateur Sports Guidelines](#)

[At Home Service Guidelines](#)

[Bar Industry Guidelines](#)

[Business Services \(Bank, Notary, Title Companies etc\) Guidelines](#)

[Childcare Centers Guidelines](#)

[Construction Guidelines](#)

[Dental Settings Guidelines](#)

[General Office Settings Guidelines](#)

[Gyms and Workout Facilities Guidelines](#)

[Hair and Nail Salon Guidelines](#)

[Institutions of Higher Education \(IHEs\) Guidelines](#)

[Library Guidelines](#)

[Museums and Collecting Institutions Guidelines](#)

[Outdoor Recreation Guidelines](#)

[Physical and Occupational Therapy, Massage Therapy and Chiropractic Guidelines](#)

[Retail Guidelines](#)

[Restaurant Guidance](#)

[Schools \(K-12\) Guidelines](#)

[Small Lodging Establishment Guidelines](#)

[Small Manufacturing Sites, Repair and Maintenance shops](#)

[Small and Medium Sports and Entertainment Venue Guidelines](#)

[Street Vendors and Farmers' Markets Guidelines](#)

[Taxi, Limo, Rideshare and other Passenger Driver-for-Hire Guidelines](#)

[Transit Systems \(Buses, Subway, Light Rail\) Transportation Guidelines](#)

[Warehouse and Logistics Industry Guidelines](#)

[Worship Services and Religious Gatherings Guidelines](#)

CDC [Resuming Business TOOLKIT Coronavirus Disease 2019 \(COVID-19\)](#) – 22 pages

Includes Restart Readiness Checklist, Worker Protection Tool, Infographics and Additional Resources

CDC [Interim Customizable Non-Healthcare Workplace Infection Control Assessment and Response \(WICAR\) tool — Coronavirus disease 2019 \(COVID-19\)](#) - 23 pages

Section 1: Facility and workforce characteristics

Section 2: Facility policies and procedures

Section 3: Infection prevention and control policies and practices

Section 4: Guidelines and other resources

Section 5: Direct observation of facility practices